

I Am Alive Today

By: Adam B.

In struggling soil, my roots take hold,
Through winds of change, their strength unfolds.
Each storm endured, each trial I've faced,
Resilience blooms, life's path embraced.

In times of darkness, resilience stands wait,
Until acceptance guides its fate.
With every setback, a chance to rise,
Unleashing courage with unbound ties.

With courage feeling out of reach,
I will not falter, I will not beseech.
Unknown trials and challenges deep,
My strength I'll hold, my promise I'll keep.

So I will honor each scar and tear,
For battles won despite my fear.
With each breath drawn, I found my way,
I am free, I am me, I am alive today.